



SPIROMETRY REQUISITION

FAX COMPLETED REQUISITION TO (867) 667-7103

Incomplete patient information will result in delays in booking

SURNAME: _____ GIVEN NAME(s): _____
Health Care #: _____ DOB (dd/mm/yr): _____ / _____ / _____ SEX: M / F / X
PHONE(s): _____ COMMUNITY: _____
PATIENT EMAIL (if available): _____
DIAGNOSIS/ REASON FOR TEST: _____

TESTING REQUESTED

Pre/Post-bronchodilator Spirometry
Investigation, confirmation of diagnosis, medication coverage

Monitoring Therapy/Medications
Pre/Post-bronchodilator Spirometry
Inhaled medications will **not** be withheld

Pre-bronchodilator Spirometry
No bronchodilator

Please review relative contraindications with the patient at the time of referral.

PRIORITY

Routine
Diagnosis, investigation

Intermediate
Medication coverage, follow up on medication changes

Urgent _____

Ordering physician: _____ Family physician: _____
Clinic/Fax #: _____ Clinic/Fax #: _____
Copies to (include fax #): _____

Physician Signature: _____ Date: _____

FAX COMPLETED REQUISITION TO (867) 667-7103

Full Pulmonary Function Tests & Methacholine Challenges cannot be done locally

vNov2021-1D

Relative Contraindications per American Thoracic Society 2019 Update

<https://www.atsjournals.org/doi/full/10.1164/rccm.201908-1590ST# i9> -

Table 2. Relative Contraindications for Spirometry

Due to increases in myocardial demand or changes in blood pressure

- Acute myocardial infarction within 1 wk
- Systemic hypotension or severe hypertension
- Significant atrial/ventricular arrhythmia
- Noncompensated heart failure
- Uncontrolled pulmonary hypertension
- Acute cor pulmonale
- Clinically unstable pulmonary embolism
- History of syncope related to forced expiration/cough

Due to increases in intracranial/intraocular pressure

- Cerebral aneurysm
- Brain surgery within 4 wk
- Recent concussion with continuing symptoms
- Eye surgery within 1 wk

Due to increases in sinus and middle ear pressures

- Sinus surgery or middle ear surgery or infection within 1 wk

Due to increases in intrathoracic and intraabdominal pressure

- Presence of pneumothorax
- Thoracic surgery within 4 wk
- Abdominal surgery within 4 wk
- Late-term pregnancy

Infection control issues

- Active or suspected transmissible respiratory or systemic infection, including tuberculosis
- Physical conditions predisposing to transmission of infections, such as hemoptysis, significant secretions, or oral lesions or oral bleeding

Spirometry should be discontinued if the patient experiences pain during the maneuver. Relative contraindications do not preclude spirometry but should be considered when ordering spirometry. The decision to conduct spirometry is determined by the ordering healthcare professional on the basis of their evaluation of the risks and benefits of spirometry for the particular patient. Potential contraindications should be included in the request form for spirometry.

Please advise patients that they will be asked to withhold inhaled medications to facilitate testing unless testing ordered as Monitoring Therapy to assess medication efficacy.

Discontinue 4-6 hours prior (Short Acting Bronchodilators)	Discontinue 36 hours prior (Long Acting Bronchodilators)	Do not discontinue (Corticosteroids & Leukotrienes)
Airomir, Ventolin (Salbutamol) Salbutamol Bricanyl (Terbutaline) Salvent	Breo (Fluticasone/Vilanterol) Onbrez (Indacaterol Maleate) Striverdi (Olodaterol Hydrochloride)	Alvesco (Ciclesonide) Arnuity (Flucasone) Asmanex (Mometasone) Flovent (Fluticasone)
Discontinue 12 hours prior (Short Acting Bronchodilators)	Discontinue 36-48 hours prior (Long Acting Bronchodilators)	Pulmicort (Budesonide)
Atrovent (Ipratropium bromide) Ipratropium bromide Combivent (Ipratropium/Salbutamol)	Anoro (Umeclidinium/Vilanterol) Duaklir (Aclidinium/Formoterol) Incruse (Umeclidinium Bromide) Inspiroto (Tiotropium/Olodaterol)	QVAR (Beclomethasone) Singulair (Montelukast)
Discontinue 24 hours prior (Long Acting Bronchodilators)	Seebri (Glycopyrronium Bromide)	
Symbicort, Oxeze, Foradil, Zenhale (Formoterol) Advair, Serevent (Salmeterol)	Spiriva (Tiotropium Bromide) Trelegy (Fluticasone/Umeclidinium/Vilanterol) Tudorza (Aclidinium Bromide) Ultibro (Glycopyrronium/Indacaterol)	